

# OPEN GYM TIMES

## Techny Prairie Activity Center & Greenbriar Gym

November 2021

Open Gym Times are for Techny Prairie Activity Center, 180 Anets Drive  
unless noted in **green** for Greenbriar Gym, 1225 Greenbriar Lane

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Adult Pickleball 9-10:30am 10:30am-Noon Adult Pickleball 3:30-5pm	2 Adult Pickleball 11am-12:30pm 1-2:30pm Youth Basketball 4:30-6pm	3 Parent-Tot Open Gym 9-10:30am Adult Pickleball 3-4:30pm Youth Basketball 5-6:30pm Adult Basketball 7-8:30pm	4 Adult Pickleball 11am-12:30pm 1-2:30pm	5 Adult Pickleball 9-10:30am 2-3:30pm Youth Open Gym Volleyball @Greenbriar 5:30-7pm	6
7 Youth Basketball 4:30-6pm High School Basketball 6-7:30pm	8 Adult Pickleball 9-10:30am 10:30am-Noon Adult Pickleball 3:30-5pm	9 Adult Pickleball 11am-12:30pm 1-2:30pm Youth Basketball 4-5:30pm	10 Parent-Tot Open Gym 9-10:30am Adult Pickleball 3-4:30pm Youth Basketball 5-6:30pm Adult Basketball 7-8:30pm	11 Adult Pickleball 11am-12:30pm 1-2:30pm	12 Adult Pickleball 9-10:30am 2-3:30pm Youth Open Gym Volleyball @Greenbriar 5:30-7pm	13
14 Youth Basketball 4:30-6pm High School Basketball 6-7:30pm	15 Adult Pickleball 9-10:30am 10:30am-Noon Adult Pickleball 3:30-5pm	16 Adult Pickleball 11am-12:30pm 1-2:30pm Youth Basketball 4:30-6pm	17 Parent-Tot Open Gym 9-10:30am Adult Pickleball 3-4:30pm Youth Basketball 5-6:30pm Adult Basketball 7-8:30pm	18 Adult Pickleball 11am-12:30pm 1-2:30pm	19 Adult Pickleball 9-10:30am 2-3:30pm Youth Open Gym Volleyball @Greenbriar 5:30-7pm	20
21 Youth Basketball 4:30-6pm High School Basketball 6-7:30	22 Adult Pickleball 9-10:30am (Half Gym) 10:30am-Noon (Half Gym) Adult Pickleball 3:30-5pm	23 Adult Pickleball 11am-12:30pm 1-2:30pm Youth Basketball 4:30-6pm	24 Parent-Tot Open Gym 9-10:30am Adult Pickleball 3-4:30pm Youth Basketball 5-6:30pm Adult Basketball 7-8:30pm	25 Adult Pickleball 9am-10:30am Youth Basketball 11am-12:30pm	26 Adult Pickleball 9-10:30am 2-3:30pm	27 Adult Pickleball 9-10:30am Youth Basketball 11am-12:30pm 1:00-2:30pm Adult Basketball 3:00-5:30pm
28 High School Basketball 1-2:30pm Youth Basketball 4:30-6pm	29 Adult Pickleball 9-10:30am 10:30am-Noon Adult Pickleball 3:30-5pm	30 Adult Pickleball 11am-12:30pm 1-2:30pm Youth Basketball 4:30-6pm				

Open Gym schedules are available at [nbparks.org/events](http://nbparks.org/events)

# Open Gym Information

Masks are always required even while playing. Walk-ins will be accepted on a first-come, first-served basis. Any minors under the age of 18 are required to complete a participation waiver by clicking [here](#).

90-minute time slots are available during scheduled times for activities. Individual hoops cannot be reserved for skills training. Open gym schedule and availability is subject to change. Face coverings are required for those who are FULLY VACCINATED and UNVACCINATED over the age of 2.

**Adult Pickleball (Ages 14 & older):** Four pickleball courts are available for singles/doubles play. There is maximum of 32 people allowed in the gym at one time. If there are more than 16 people wanting to play at one time, there needs to be a rotation after the completion of each game. The losing team will sit allowing the waiting team/player to play next.

**Youth Basketball (Ages 8-13) / High School Basketball (Ages 14-18) / Adult Basketball (Ages 18+):** One full or two half basketball courts are available for games of five-on-five basketball. Games will be played to 11 points; each basket is one point. If there are more than two teams wanting to play, the winning team will continue to play, and the losing team will sit allowing the waiting team to play. Winning teams may not play more than two consecutive games if other groups are waiting. The gym may be divided into two half courts depending on registration.

**Youth Volleyball (Ages 8-13) / High School Volleyball (Ages 14-18):** One or two Volleyball courts are available for games up to 6 on 6 volleyball. Games will be played to 11 points. If there are more than two teams wanting to play, the winning team will continue to play, and the losing team will sit allowing the waiting team to play. Winning teams may not play more than two consecutive games if other groups are waiting. The gym may be divided into two half courts depending on registration.

**Parent-Tot (Ages 1-4):** Space will be available for parents and tots to come in and enjoy free play using equipment provided such as gymnastic mats and balls of all types to help build basic motor skills.

**Open gym is included with TPAC membership.**

**Open gym fee for non-members: Resident \$6/Non-resident \$8**

**Swipe Card: Resident \$54/Non-resident \$72**

## Schedules:

- Open gym schedules are subject to change monthly based on availability. Check [nbfitness.org](http://nbfitness.org) for updated schedules.
- Gym may be closed at any time due to inclement weather or low attendance. In general, the open gym will be cancelled one hour after the start time should there be no one in attendance.

## General Rules:

- Children ages 8 and under must be supervised by a parent or legal guardian.
- No food, beverage or gum is permitted in the gym. Bottle water may be brought into the gym but must have a cap.
- Appropriate athletic wear and footwear are required at all times.
- Smoking, use of tobacco or spitting is strictly prohibited.
- No hanging on the rim or abuse of gym equipment.
- Do not bounce balls off gym walls or doors.
- Profanity, offensive language, or disruptive behavior will not be tolerated. Such behavior will result in immediate removal and suspension of privileges.
- The Park District is not responsible for lost or stolen items.
- The Park District reserves the right to limit the number of participants or member admitted to open gym.

