

OPEN GYM TIMES

at Techny Prairie Activity Center

October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Adult Pickleball 7:00-8:30am Adult Pickleball 2:00-3:30pm Youth Basketball 4:00-5:30pm	2 Adult Pickleball 7:00-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
3 High School Basketball 1:00-2:30pm Youth Basketball 2:30-4:00pm	4 Adult Pickleball 9:00 – 10:30am Adult Pickleball 3:30 - 5:00	5 Adult Pickleball *Half Gym 11:00 -12:30pm Youth Basketball 4:00-5:30pm	6 Adult Pickleball 7:00-8:30am Parent-Tot 10:00-11:30am Youth Basketball 4:00-5:30pm Adult Basketball 7:00-8:30pm	7 Adult Pickleball 12:00-1:30pm Adult Pickleball 8:00-9:30pm	8 Adult Pickleball 7:00-8:30am Adult Pickleball 2:00-3:30pm Youth Basketball 4:00-5:30pm	9 Adult Pickleball 7:00-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
10 High School Basketball 1:00-2:30pm Youth Basketball 2:30-4:00pm	11 Adult Pickleball 9:00 – 10:30am 10:30am-12:00pm Youth Basketball 12:30-2:00pm 2:00-3:30pm Adult Pickleball 4:00-5:30pm	12 Adult Pickleball *Half Gym 11:00-12:30pm Youth Basketball 4:00-5:30pm	13 Adult Pickleball 7:00-8:30am Parent-Tot 10:00-11:30am Youth Basketball 4:00-5:30pm Adult Basketball 7:00-8:30pm	14 Adult Pickleball 12:00-1:30pm Adult Pickleball 8:00-9:30pm	15 Adult Pickleball 7:00-8:30am Adult Pickleball 2:00-3:30pm Youth Basketball 4:00-5:30pm	16 Adult Pickleball 7:00-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
17 High School Basketball 1:00-2:30pm Youth Basketball 2:30-4:00pm	18 Adult Pickleball 9:00 – 10:30am Adult Pickleball 3:30-5:00pm	19 Adult Pickleball *Half Gym 11:00-12:30pm Youth Basketball 4:00-5:30pm	20 Adult Pickleball 7:00-8:30am Parent-Tot 10:00-11:30am Youth Basketball 4:00-5:30pm	21 Adult Pickleball 12:00-1:30pm Adult Pickleball 12:00-1:30pm 8:00-9:30pm	22 Adult Pickleball 7:00-8:30am Adult Pickleball 2:00-3:30pm Youth Basketball 4:00-5:30pm	23 Adult Pickleball 7:00-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
24 High School Basketball 1:00-2:30pm Youth Basketball 2:30-4:00pm	25 Adult Pickleball 9:00-10:30am Adult Pickleball 3:30-5:00pm High School Basketball *Half Gym 7:00-8:30	26 Adult Pickleball *Half Gym 11:00-12:30pm Youth Basketball 4:00-5:30pm	27 Adult Pickleball 7:00-8:30am Parent-Tot 10:00-11:30am Youth Basketball 4:00-5:30pm	28 Adult Pickleball 12:00-1:30pm Adult Pickleball 12:00-1:30pm 8:00-9:30pm	29 Adult Pickleball 7:00-8:30am Adult Pickleball 2:00-3:30pm Youth Basketball 4:00-5:30pm	30 Adult Pickleball 7:00-8:30am
31 High School Basketball 1:00-2:30pm Youth Basketball 2:30-4pm						

Open Gym Information

Open Gym schedules are available at nbparks.org/events

Bridge Phase allows for gameplay of all sports. Walk-ins will be accepted on a first-come, first-served basis if capacity limits allow. Any minors under the age of 18 are required to complete a participation waiver by clicking [here](#).

90-minute time slots are available during scheduled times for activities. Individual hoops cannot be reserved for skills training. Open gym schedule and availability is subject to change. Face coverings are required for those who are FULLY VACCINATED and UNVACCINATED over the age of 2.

Adult Pickleball (Ages 14 & older): Four pickleball courts are available for singles/doubles play. There is maximum of 16 people allowed in the gym at one time. If there are more than 16 people wanting to play at one time, there needs to be a rotation after the completion of each game. The losing team will sit allowing the waiting team/player to play next.

Youth Basketball (Ages 8-13) / High School Basketball (Ages 14-18) / Adult Basketball (Ages 18+): One full or two half basketball courts are available for games of five-on-five basketball. Games will be played to 11 points; each basket is one point. If there are more than two teams wanting to play, the winning team will continue to play, and the losing team will sit allowing the waiting team to play. Winning teams may not play more than two consecutive games if other groups are waiting. The gym may be divided into two half courts depending on registration.

Parent-Tot (Ages 1-4): Space will be available for parents and tots to come in and enjoy free play using equipment provided such as gymnastic mats and balls of all types to help build basic motor skills.

Open gym is included with TPAC membership.

Open gym fee for non-members: Resident \$6/Non-resident \$8

Swipe Card: Resident \$54/Non-resident \$72

Schedules:

- Open gym schedules are subject to change monthly based on availability. Check www.nbfitness.org or www.nbparks.org for updated up to date schedules.
- Gym may be closed at any time due to inclement weather or low attendance. In general, the open gym will be cancelled one hour after the start time should there be no one in attendance.

General Rules:

- Children ages 8 and under must be supervised by a parent or legal guardian.
- No food, beverage or gum is permitted in the gym. Bottle water may be brought into the gym but must have a cap.
- Appropriate athletic wear and footwear are required at all times.
- Smoking, use of tobacco or spitting is strictly prohibited.
- No hanging on the rim or abuse of gym equipment.
- Do not bounce balls off gym walls or doors.
- Profanity, offensive language, or disruptive behavior will not be tolerated. Such behavior will result in immediate removal and suspension of privileges.
- The Park District is not responsible for lost or stolen items.
- The Park District reserves the right to limit the number of participants or member admitted to open gym.

