



Your Place to Play!
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TPAC SUMMER GAMES

Win Medals and Prizes!



In celebration of the Summer Olympics in Tokyo, Techny Prairie Activity Center a facility of the Northbrook Park District is hosting the TPAC Summer Games. Members and non-members are invited to join in the fun! The competition is free for TPAC members and only \$35 for non-members. Non-members get an amazing opportunity of full access to the fitness floor with cardio, strength and functional fitness equipment, the indoor track and indoor and outdoor group fitness classes from July 22 through August 8. All competitors receive a special swag bag.

Opening Ceremony – July 23

An Opening Ceremony Workout (Cardio and Strength) starts the competition in the Techny Prairie Activity Center gymnasium Friday, July 23 from 5:30-7pm.

Win Medals in Four Events

- # of TPAC check-ins
- # of indoor group fitness classes taken
- # of outdoor group fitness classes taken
- # laps on track

Prizes in Each Event

- \$30 gift card for GOLD
- \$20 gift card for SILVER
- \$10 gift card for BRONZE



Closing Ceremony – August 8

The TPAC Games conclude with a Closing Ceremony Workout (Yoga, Meditation and Stretch) August 8 in the Techny Prairie Activity Center Studio B at 1pm. Gold, silver, and bronze medals will be awarded along with gift card prizes.



TPAC Members: Register at the fitness desk beginning July 16 and receive your scorecard and competitor swag.

Non-Members: Only \$35 for an 18 Day Membership! Stop by the TPAC front desk to register beginning July 16 and receive your competitor swag. Then enjoy your TPAC membership starting July 22 and ending August 8.

Questions? Call 847-897-6180.