

# OPEN GYM TIMES

at Techny Prairie  
Activity Center



## July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School/Adult Basketball 7:30-9pm	2 Adult Pickleball 3:30-5:00pm Youth Basketball 5:30-7pm	3 Adult Pickleball 7-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
4	5 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	6 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School Basketball 7:30-9pm	7 Adult Pickleball 7-8:30pm	8 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School/Adult Basketball 7:30-9pm	9 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	10 Adult Pickleball 7-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
11 High School Basketball 1-2:30pm Youth Basketball 2:30-4pm	12 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	13 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School Basketball 7:30-9pm	14 Adult Pickleball 7-8:30pm	15 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School/Adult Basketball 7:30-9pm	16 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	17 Adult Pickleball 7-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm
18 High School Basketball 1-2:30pm Youth Basketball 2:30-4pm	19 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	20 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School Basketball 7:30-9pm	21 Adult Pickleball 7-8:30pm	22 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School/Adult Basketball 7:30-9pm	23 Adult Pickleball 3:30-5pm	24 Adult Pickleball 7-8:30am Youth Basketball 2:00-3:30pm
25 High School Basketball 1-2:30pm Youth Basketball 2:30-4pm	26 Adult Pickleball 3:30-5pm Youth Basketball 5:30-7pm	27 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School Basketball 7:30-9pm	28 Adult Pickleball 7-8:30pm	29 Youth Basketball 3:30-5pm Adult Pickleball 5:30-7pm High School/Adult Basketball 7:30-9pm	30 Youth Basketball 5:30-7pm	31 Adult Pickleball 7-8:30am Youth Basketball 2:00-3:30pm 3:30-5:00pm

Open Gym schedules are available at [nbparks.org/events](http://nbparks.org/events)

# Open Gym Information

Bridge Phase allows for gameplay of all sports. Walk-ins will be accepted on a first-come, first-served basis if capacity limits allow. Any minors under the age of 18 are required to complete a participation waiver by clicking [here](#).

90-minute time slots are available during scheduled times for activities. Individual hoops cannot be reserved for skills training. The open gym schedule is listed below. Open gym schedule and availability is subject to change. Face coverings are required for those who are UNVACCINATED. Face coverings are optional for those who are FULLY VACCINATED.

**Adult Pickleball (Ages 14 & older):** Four pickleball courts are available for singles/doubles play. There is maximum of 16 people allowed in the gym at one time.

**Youth Basketball (Ages 8-13) / High School Basketball (Ages 14-18) / Adult Basketball (Ages 18+):** One full or two half basketball courts are available for games of five-on-five basketball. Games will be played to 11 points; each basket is one point. If there are more than two teams wanting to play, the winning team will continue to play, and the losing team will sit allowing the waiting team to play. Winning teams may not play more than two consecutive games if other groups are waiting. The gym may be divided into two half courts depending on registration.

**Open gym is included with TPAC membership. Reservations are required.**

**Open gym fee for non-members: Resident \$6/Non-resident \$8**

**Swipe Card: Resident \$54/Non-resident \$72**

## Schedules:

- Open gym schedules are subject to change monthly based on availability. Check [www.nbfitness.org](http://www.nbfitness.org) or [www.nbparks.org](http://www.nbparks.org) for updated up to date schedules.
- Gym may be closed at any time due to inclement weather or low attendance. In general, the open gym will be cancelled on hour after the start time should there be no one in attendance.

## General Rules:

- Children ages 8 and under must be supervised by a parent or legal guardian.
- No food, beverage or gum is permitted in the gym. Bottle water may be brought into the gym but must have a cap.
- Appropriate athletic wear and footwear are required at all times.
- Smoking, use of tobacco or spitting is strictly prohibited.
- No hanging on the rim or abuse of gym equipment.
- Do not bounce balls off gym walls or doors.
- Profanity, offensive language, or disruptive behavior will not be tolerated. Such behavior will result in immediate removal and suspension of privileges.
- The Park District is not responsible for lost or stolen items.
- The Park District reserves the right to limit the number of participants or member admitted to open gym.

