



# Techny Prairie Activity Center

## Open Gym Schedule

Due to Tier-3 mitigations, open gym will be restricted to individual skills training or singles pickleball following current guidelines. Equipment is available and the gym can be used for basketball, volleyball, soccer and pickleball.

Reservations are required to secure a spot for open gym – this policy applies to both members and non-members. Reservations can be made online at [nbparks.org](http://nbparks.org) or by calling 847-897-6180. Members can also use the ActivateNB! App to reserve open gym time slots. Walk-ins may be accepted on a first-come, first-served basis if capacity limits allow.

One-hour time lots are available throughout the day for various activities. The open gym schedule is listed below and hours and offerings are subject to change. Face coverings must be worn at all times.

**Pickleball:** Two pickleball courts are available for singles play (maximum of two people per court).

**Individual Skills Training:** A maximum of six individuals is allowed in the gym at one time during individual skills training time slots. Players will be assigned an area of the gym and must remain physically distanced. No group training is allowed.

**Open gym is included with TPAC membership. Reservations are required.**

**Open gym fee for non-members: Resident \$6/Non-resident \$8**

### Open Gym Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6am-7am	Pickleball						
7am-8am	Pickleball						
8am-9am	Pickleball						
9am-10am	Individual Skills Training						
10am-11am	Individual Skills Training						
11am-Noon	Individual Skills Training						
Noon-1pm	Individual Skills Training						
1pm-2pm	Pickleball						
2pm-3pm	Pickleball						
3pm-4pm	Individual Skills Training						
4pm-5pm	Individual Skills Training						
5pm-6pm	Individual Skills Training						
6pm-7pm	Pickleball	Individual Skills Training	Pickleball	Individual Skills Training	Pickleball	Individual Skills Training	Individual Skills Training
7pm-8pm	Pickleball	Individual Skills Training	Pickleball	Individual Skills Training	Pickleball	Individual Skills Training	Individual Skills Training